

We cannot do what we do without you! Each year, 2,000+ volunteers support Inspirica's mission to break the cycle of homelessness by donating their time and talent.



### MEAL PROVISION: EARLY CHILDHOOD & PARENTING PROGRAM

**Ongoing opportunity** | Most volunteers serve monthly or quarterly  
Tuesdays, Wednesdays, and Thursdays; dinner served at 6:30pm  
*141 Franklin Street in downtown Stamford*

Prepare a meal for the 25 parents and children in our Early Childhood and Parenting Program. This program helps the adult clients who live in our family shelter develop various parenting skills, including communication, child development, and effective strategies to advocate for children -- all while their children engage in crucial early childhood development and pre-literacy activities. At the end of each session, the parents and children all join together for a meal. Volunteers may prepare and drop off a meal, or prepare a meal on-site. There is no requirement to stay and serve.

### MEAL PROVISION: WOODLAND CAMPUS

**Ongoing opportunity** | Most providers serve monthly or quarterly  
365 days/year; dinner served at 6:00pm all nights, brunch served at 11:00am or 12:00 noon on weekends  
*Located at 8 Woodland Place in Stamford's South End neighborhood*

Prepare and serve a meal at our Women's Emergency Shelter at our Woodland Campus. On Tuesday, Thursday, and Sunday, volunteers serve the 25 women who live in our shelter. On Monday, Wednesday, Friday, and Saturday, up to 45 men and women from the full campus are invited to dinner. Volunteers must stay to serve the meal.



### YOUTH CENTER

**Ongoing opportunity** | Most volunteers attend weekly or bi-weekly  
Monday through Friday during the school year, 4:00 to 6:00pm  
*141 Franklin Street in downtown Stamford*

Our Youth Center is our after-school program for the school-aged children in our care, and is structured to include free play time, homework/quiet reading time, as well as an enrichment activity. Volunteers assist with homework and provide one-on-one attention to the children, and providing positivity and stability in the children's lives.



### BABY-SITTING

**Ongoing opportunity** | Most volunteers attend weekly or bi-weekly  
Tuesday through Thursday, 5:00 to 6:30pm  
*141 Franklin Street in downtown Stamford*

Volunteers help with childcare so that adult clients may attend Early Childhood and Parenting classes, which focus on parenting skills. The children attend early childhood development and pre-literacy classes. Minimum age for volunteers is 15.



### BEAUTIFICATION

**Seasonal opportunity** | March through August

Monday through Friday, typically between 10am and 5pm

*8 Woodland Place in Stamford's South End neighborhood or 141 Franklin Street in downtown Stamford*

Groups of up to 45 can lead various beautification projects around our 11 facilities. Opportunities can be tailored to meet your group's needs, size, and availability. Activities include planting, assisting with landscaping, and deep cleaning. Volunteers wishing to plant flowers or shrubs must bring their own supplies/tools. Supplies and equipment for deep cleaning are provided by Inspirica.

### THANKSGIVING DRIVE & GIVEAWAY

**Seasonal opportunity** | November

Sorting day the Saturday before Thanksgiving; Giveaway the Tuesday before Thanksgiving

*8 Woodland Place in Stamford's South End neighborhood*

Each year, we give away approximately 800 turkeys and all of the fixings to our clients and to those in need in our community. Volunteers help with sorting donations and packing Thanksgiving baskets filled with fixings. Volunteers also assist with the Thanksgiving turkey-and-fixings giveaway.

### HOLIDAY GIFT COLLECTION

**Seasonal opportunity** | November through December

*141 Franklin Street in downtown Stamford*

Each year, we hold our Holiday Gift Collection which provides nearly 6,000 gifts to nearly 3,000 children in need in our community. Volunteers may assist with sorting gift donations, checking-in donations, and organizing our gift inventory; wrap gifts during our Big Wrap Event, held on a Saturday in December, a fun day of wrapping to a DJ-led soundtrack; wrap gifts as needed after the wrapping event and helping to organize wrapped gifts for distribution.

Have a passion for cooking and nutrition? Want to throw a party for the children in our care? We are always looking for people to share their talent and passions with our clients and use their expertise to help us in our mission! Contact Sarah Kennedy, Development Associate & Volunteers Coordinator at [skennedy@InspiricaCT.org](mailto:skennedy@InspiricaCT.org) or (203) 912-0617 to discuss how you can get involved.

### ABOUT INSPIRICA

At Inspirica, our mission is to break the cycle of homelessness by helping people achieve - and maintain - permanent housing and stability in their lives. We do this by getting to the root causes of why someone becomes homeless in the first place, and offer both residential services and support services.

Each night, we house 350 individuals and serve 1,050 people over the course of the year in 11 different facilities located in Stamford. More than 60% of homeless individuals in shelters and transitional housing in our area reside with us, more than all other agencies combined. In the past eight and a half years, we have made a record 1,557 job placements and successfully transitioned 1,388 individuals into permanent housing.