



MEAL PROVISION PROGRAM- WOMEN'S EMERGENCY SHELTER

Monday-Sunday 4:00PM-6:00PM.

WE ARE LOOKING FOR VOLUNTEERS

- To serve a meal at our Women's Emergency Shelter
- .Check our meal calendar below and sign up for an available slot!
- Meal Calendar Sign Up: www.Inspiricact.volunteerhub.com

SAFETY PRECAUTIONS DURING COVID-19

- All volunteers must be vaccinated
- Masks are required on site for both staff, volunteers, and clients.
- Social Distancing Requirments (only 3 volunteers in kitchen at a time)
- Proper PPE
- Signage and messages on COVID-19 protocols
- Cleaning/Disinfecting of Kitchen Area and any high touch surfaces
- Physical Barriers/Sneeze Guards provided
- Health Checks upon arrival



Individuals may sign up to provide a meal for Inspirica's Women's Emergency Shelter. The meal would be for 15 people. The meal prep would be between 4:00-6:00pm. The meal provision will take at 8 Woodland Place.

Want to volunteer with us? Please reach out to Kelhens Cherine at kcherine@inspiricact.org or 203-388-0110

Visit our VolunteerHub website for more information: <https://inspiricact.volunteerhub.com/>